

WRESTLING

SCHEDULE OF EVENTS

Sunday July 16, 2006

- 9:00 to 10:00 am Arrival for Clinic/Check-in

Wrestlers are required to check in before being allowed to participate in clinic
- 10:00 to 11:15 am Rules Clinic – Jerry Tillman and Les Morgan
- 11:15 to 12:30 pm Lunch Break – *Wrestlers will need to make their own arrangements for lunch/snacks*
- 12:30 to 3:00 pm Novice Workshop –

Guest Clinician will be Tim Cysewski, Head Wrestling Coach for Northwestern University
- 3:15 to 4:00 pm Briefing session for all competing athletes and officials
- 4:00 to 6:00 pm Medical and Weigh In
- 6:00 to 7:30 pm Pairing for competition next day
- 6:15 to 6:45 pm Referees Clinic

Monday July 17, 2006

- 8:00 to 9:00 am Arrival for Tournament/Check-in

Wrestlers are required to check in before being allowed to participate in tournament
- 9:00 to Finish Competition – Men’s and Women’s Open and Masters
Estimated end time – 5:00 pm

Wrestlers will need to make their own arrangements for lunch/snacks
- Finish + 5 minutes **Award presentations**
- Finish + 30 minutes Bump out wrestling mats